

VOLUME 1, ISSUE 3
OCTOBER 2020

GLOBAL GAZZETTE

The official newsletter of
Global Concepts Charter School

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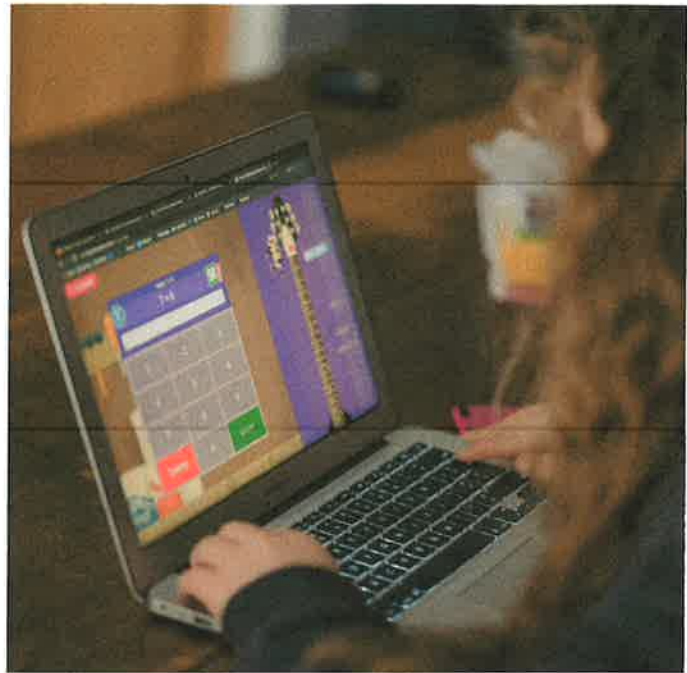
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MESSAGE FROM THE BOARD OF TRUSTEES

DAWAN JONES, BOARD OF
TRUSTEES CHAIRMAN

“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.” Malcolm X

In the words of the Administrative Team, we will reflect, refine and remain resilient in our commitment in protecting the safety, health and well-being of our teachers, staff, students, parents and stakeholders of Global Concepts Charter School.

We ask for your patience, as we continue to make the necessary upgrades and changes to ensure that all are safe and remain healthy.

We are “ONE GLOBAL.”.



MESSEAGE FROM CEO

TRACY MCGEE

“You can teach a student a lesson for a day; if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.” Clay P. Bedford

From my book, “Answering the Call,” is an excerpt from Dr. John Seita’s book entitled “Kids Who Outwit Adults.” Here are 12 WAYS TO CONNECT WITH KIDS:

1. **Recast ALL Problems as Learning Opportunities.**
Please coach me, don’t scold at me.
Seize the Teachable Moments!
2. **Provide Opportunities for Fail-Safe Bonds.**
A person like me really needs a fan club.
Family Privilege in Action
3. **Increase Dosages of Relationship.**
I’m not sure that anybody really cares.
4. **Don’t Crowd.**
When you get too close, I need to
back away for a while.
5. **Use the Back Door.**
If you are interested in what I want,
you are important.
6. **Decode the Meaning of behavior.**
I try to hide what I really think.
7. **Be “Authoritative.”**
Help me learn to control me.
8. **Model Respect to Disrespectful Youth.**
Your respect builds mine.
9. **Enlist Troubled Youth as Team Members.**
I am the world’s best expert on me.
10. **Touch in Small Ways. Angelique**
I watch the little things you do
to discover who you are.
11. **Give seeds time to grow.**
Be patient with me - I’m still learning
12. **Keep faith and hope alive.**
I look into your eyes to see if you will give up.





DISTRICT DATA DEPARTMENT UPDATE

Gwen M. Conway, Coordinator

IT IS IMPORTANT TO KNOW, THE STUDENT ADDRESS CHANGE SHEET MUST BE COMPLETED EVERY YEAR WHETHER THERE'S A CHANGE OR NOT.

When there's an address change, it must be reported immediately to the school office and the District Data Office.

In order for our records to be updated, the following is required:

- A Student Address Change Sheet must be filled out
- When returning the Student Address Change Sheet, you must have attached three (3) proofs of the new address.

This is necessary for the following reasons:

- Your school district require these documents to be on file and sent to them yearly.
- There could be bussing change.
- Depending on where you moved, your school district may change and you must notify the district.
- Global receives payment from the school district for each student.

To receive the Student Address Change Sheet, call 716-821-1903 or email my office at: gconway@globalccs.org or globalstudentpaperwork@globalccs.org.

"Leadership and Learning are indispensable to each other"
John F. Kennedy



UPDATES

GREENSPACE

Currently, the playground equipment is being installed.

Playground surfacing will begin on October 5th and should be completed by the end of the week, weather permitting.

Additional topsoil was spread over the fields and will be reseeded the week of October 5th.

Due to COVID-19, there's a shortage of material for the green chain link fence. Waiting on the delivery to complete the section along the west drive.

The track is painted and striped.

Both gates are installed.

The dumpster's enclosures are completed.

The Concession Stand is completed

COVID-19 PREVENTION

The following steps have been taken to reduce the potential risks to students and faculty at Global Concepts Charter School.

1. Installed bottle filters in place of drinking fountains. Currently, waiting on a backorder of two units.
2. Installed touchless plumbing fixtures, with the exception of 15 gravity toilets missing the valves.
3. The MERV 13 filters are still on backorder, due to high demand. Our vendor is in constant contact and was informed filters are in route.
4. Supplemental HEPA filtration units have been installed throughout the schools to offer additional protection to students and faculty.

GATORS HAVE GRIT

A GCCS PUBLICATION DEDICATED TO THE SOCIAL & EMOTIONAL WELL-BEING OF OUR SCHOOL COMMUNITY

GLOBAL CONCEPTS CHARTER SCHOOL

Helping Kids Cope with Stress

The Coronavirus pandemic continues to cause families stress and uncertainty in many ways. For kids, returning to a new way of learning and a school day with many changes can lead to stress and anxiety. Considering the emotional well-being of our students is essential. Coming together to ensure emotional well-being begins with our own self awareness and the awareness of others. Noticing physical symptoms of stress and uncertainty in our children such as difficulties sleeping, bedwetting, stomach or headaches. Anxious behavior, acting withdrawn, angry, clingy or afraid to be left alone may also occur.

How can we help our kids cope with the stress of uncertain times?

- Recognizing these normal stress responses to an abnormal situation is an important first step in helping our children to cope with their feelings and to learn healthy outlets.
- Ask children about their concerns and listen, taking time to comfort and reassure.
- Showing affection, using frequent praise and opportunities for play can help children to relax.
- Maintain regular routines and schedules as much as possible, especially around bedtime. Or, form new routines together as transitions impact schedules. Consistency and knowing "what comes next" can help foster a sense of control for children.
- Providing age-appropriate facts about the Coronavirus in a reassuring way and modeling precautions recommended by the CDC such as frequent handwashing, wearing face masks and 6-foot social distancing to help protect themselves and others from infection can help kids to feel more in control of their own health.
- Time with family, physical activity outdoors, structured and nutritious meals, plenty of sleep & safely maintaining social connections are all ways to help our kids cope and work through stress in healthy ways!



PLAN A BALANCING ACT

It can seem challenging to maintain self care routines, especially during times of high stress, but these are when we require self-care the most! Recognizing that it is normal to feel stressed, confused, sad, scared, angry or frustrated during a time of uncertainty is the first step as we develop a plan to help ourselves & families. When we experience feelings of stress or anxiety, our central nervous system releases stress hormones such as adrenaline and cortisol, which prepares your body for action. This is called the flight or fight response. You may notice rapid breathing and increased heart beat as your blood pressure increases. Long term stress can lead to depressed thoughts and feelings, difficulty sleeping or digestive issues. Remember that our bodies and brains are connected, like gears we must treat all aspects of ourselves well in order to function optimally. Small changes in multiple areas can help us significantly impact our overall sense of well being. Not only will we feel better, but modeling healthy choices and behaviors for our children will help them to form life long positive habits that support healthy minds and bodies. Health routines can also help children learn how to self regulate and develop a positive self identity. Creating a self care plan is a great way to create a foundation and by taking small steps can lead to overall well-being. Remember to be kind, loving and accepting to yourself!



The Power of Play

For kids, time to play is an important part of overall well-being. Research shows us that unstructured, creative play has great importance in a child's social and emotional development and can be a great way to relieve stress and develop healthy coping strategies. Creative play also fosters identity, a sense of self, ability to play out and therefore form an understanding of ones self, which enhances self-regulation skills. Additionally, research shows that playing with both parents or siblings is key to building thriving brains, bodies, and social bonds, improves children's abilities to plan, organize, get along with others, and regulate emotions. Play can also positively influence language, math and social skills, and even helps children cope with stress. Incorporating play into our children's self care routines can be a powerful and fun, especially after a day of distance learning!



The Power of Physical Activity

Good news...any kind of exercise can help relieve stress! One powerful element of a family self care plan is physical exercise. Now is the time to model consistent exercise behaviors for our kids. How does the magic of exercise work? When we exercise we create endorphins, which are hormones secreted in the brain and nervous system. Additionally, another chemical called Serotonin is released, which improves our mood. While the brain is busy helping us to feel good in these ways, concentrating on movement during exercise is similar to meditation, creating an overall feeling of calm and focus. Not convinced yet? Consistent exercise can help us improve strength and coordination, help to improve quality of sleep, reduce symptoms of mild depression and increase our overall self confidence! These are some great reasons to get moving!



The Power of Nutrition

What role does nutrition play in our well being? Research has shown correlations between diets high in refined sugars and processed foods to high levels of inflammation in our bodies and increased symptoms of depression. On the flip side, consuming a diet of fresh fruits and vegetables, rich in vitamins, minerals and antioxidants, can help us maintain a healthy weight and strong body, improved sense of well-being and support brain health. All of these elements promote a sense of well-being and can elevate our mood. Structured meal times with family, sitting to eat without distractions from electronic devices, spending quality time sharing details of the day can also promote strong connections within families. Not only do our food choices help us physically and mentally, but our routines around eating can reinforce our family structures. Summertime in WNY is a great time to visit farmer's markets, pick berries, and prepare healthy foods together as a family. Establishing healthy routines around eating habits and nutritional foods can be a great foundation for a self-care plan that can positively impact the entire family!



The Power of Creativity

When making a plan to positively impact overall well-being, creativity plays an important part in our mental health. Creative outlets can help to calm anxiety, build confidence and put a smile on our face and in our souls. Setting aside some time to partake in a creative endeavour as a family can be a lot of fun, too! Let the creativity flow with pen to paper, brush to canvas or body to music. Design in legos or sketch-up. Compose a new song. Take photos that tell a story. Put on a family play. Share your creative moments with others and see the smile you inspire! Check out Stone Soup for some ideas to keep the creativity flowing for you and your family: <https://stonesoup.com/covid-19>.

COUNSELING DEPARTMENT

Jill Boals & Susan Prise – K- 8 Building

Kate Rapp & Gillian Barberich – High School

“You must take personal responsibility; you cannot change the circumstances, the seasons, or the wind, but you can change yourself.” Jim Rohn

SAT tests were held at the High School on the following days:

SATURDAY, SEPTEMBER 26, 2020 – 54 students registered.

SATURDAY, OCTOBER 3, 2020 – 10 students registered.

These are students of Global, as well as other school districts.

EMPLOYMENT

“If opportunity doesn’t knock, build a door.” Milton Berle

We are currently advertising for cleaners and monitors for the K-8 and High School. You can apply on <http://www.wnyric.org> or send resumes to hr@globalccs.org

SCHOOL SPORTS

John Klein, Athletic Director

“But effort? Nobody can judge that because effort is between YOU AND YOU.” Ray Lewis

To protect our students, families and staff, Global Concepts Athletics Department has put a pause on our Fall 2020 Athletic Program and other extracurricular athletic activities. While this was a heart wrenching decision, the safety and health of our community is of the utmost importance to us.

In response to COVID-19, our sport’s governing body, NYSPHSAA has made many changes to this year’s athletics calendar. These changes include moving season start dates and even moved some sports to a two (2) phase Spring season. Please visit our school’s Athletic page on the website to see the current revised NYSPHSAA Sports Season Calendar.

If your child is interested in taking part in our Winter Sports – Basketball (Middle School and High School Varsity) and High School Cheerleading, please complete the Winter Athletic Tryout forms. These forms can be found on the Global Concepts Charter School Website Athletic’s Page: <https://www.globalconcepts.org/athletics>. Scans of completed forms can be emailed to our building nurses: Nurse Nancy – High School – ngalus@globalccs.org and Nurse Rada Sinik – K-8 building – rsinik@globalccs.org or Athletic Director, John Klein at: jklein@globalccs.org.

At this time, the Winter Sports season is scheduled to begin on November 30th. Team tryout schedules and team parent meeting schedules will be posted on GCCS Athletic webpage, the week of November 1st.

I hope all of you are well and treating both your mind and bodies well and I look forward to seeing you again in the hallways, courts or fields of Global Concepts Charter School.

To the Global Concepts Community,

As the new Coordinator of Technology Integration, I would like to thank you for welcoming me into your family. I look forward to working with all the members of Global Concepts Charter School. One of the tenets of my work philosophy is building relationships. One of my first goals in starting this new position is to get to know as many people as soon as possible. Establishing a collegial relationship is key to me being able to do the new job successfully.

I have been an educator since 1999. I've worked primarily with secondary level students and adults. For the majority of my career I have been a Technology Education teacher. For six years I served as Technology Curriculum Mentor while working for the Lancaster Central School District. In that capacity I was given the opportunity to work with students, teachers and all staff. I am looking forward to doing the same here at Global Concepts. My primary focus will be to provide support for using technology in the classroom. This support can take many forms. It could be providing Professional Development opportunities, one-on-one support, classroom co-teaching or working with staff on a new piece of software. I would also like to begin planning and conducting sessions on our schools software programs for parents and caregivers. The idea is to help support our Global Concepts families as best as possible and familiarize them with the tools available to them and our students.

If you happen to see me in the hallways, please feel free to stop and introduce yourself, I am excited to get to know all of the members of our Global Concepts community!

Respectfully,
Jason Zuba
Coordinator of Technology Integration
Global Concepts Charter School



To the Global Concepts Charter Family,

For those of you that I have not personally met, I am Mr. Kyle Yelich, our new District Coordinator of Curriculum and Instruction. I am truly excited to begin this journey with you, as we move forward through a new year and uncharted territory of academia in uncertain times. Your involvement and presence within our school community is what makes our district unique as a family, and I would like to extend my most sincere greetings and thanks to you. I hope you all have had a smooth transition back to the academic year, and are prepared for the journey ahead.

Drawing upon my teaching experience in a Special Act setting and my time as an alternative and general education administrator, I have been taught many skills and built incredible relationships that have created my educational path that I bring to our district. As a transformational instructional leader, I have tackled numerous issues as a secondary administrator that have given me insight and invaluable experiences that I bring to our district that will champion teacher, student and stakeholder initiatives in the realm of Curriculum and Instruction.

We will live the values of integrity, excellence and service in all we do.

With the evolving nature of ESSA, we as educators have to be prepared to be held to the highest standards of accountability in a multitude of ways. Using the data sets we have before us, it is our charge to create new and innovative ways to engage the issues of graduation rates, chronic absenteeism, social and emotional justice, college and career readiness, and innovating learning spaces that modernize our potential. It is my goal to support all members of our school community to attain all of their goals, whatever they may be. Evolving as an educator here at Global is allowing us to enter a working relationship to continue the hardworking culture and caring attitude that our district has already built.

I am so excited to start this position and help every member of our learning community every way that I can.

Go Gators!

Sincerely,

Mr. Kyle J. Yelich

District Coordinator of Curriculum and Instruction

Global Concepts Charter School

